

Student Wellness Committee Wednesday, October 2, 2019 2:15pm The Anderson School

Minutes

Members Present:

Kristen Barrett Health and Nutrition Coordinator Shanita Fields Health and Nutrition Assistant

Christine Raber Program Administrator, Anderson School

Cecila Quenzer School Nurse, Anderson School

Paula Rice Program Administrator

Rebecca DeSantis Program Administrator, Pre-K Counts

Marianne Infante Occupational Therapist

Holly Acosta Director of Early Childhood Services

Members Absent:

Nicole Irving Program Administrator, Early Intervention Joshua Steff School Counselor, Office of Non-Public Services

Bridget McGuigan School Nurse, Early Learning Academy

Lisa Imburgia Health & Physical Educator

Ashley Lee Program Administrator, Early Intervention

Meeting called to order by Kristen Barrett at 2:20 pm

• Approval of previous meeting minutes

o April 10, 2019

Motion for approval: Paula Rice

Second motion for approval: Rebecca DeSantis

- Welcome and Introductions
- <u>Community Eligible Provision</u>

Anderson has now been approved as a community eligible provision program where applications will no longer be required. Students will automatically qualify for free meals.



• Triennial Assessment

- During the February 2020 meeting we will begin to go through the triennial assessment. At this time the SWC policy will be reviewed and revised if necessary.
- We will find out if all the IU programs should be considered in the triennial assessment.

Farm to school initiatives

- o Partnering with Greener Partners: Farm Explorer
 - Anderson-Kristen Barrett will pass along the contact from Greener Partners to Anderson staff so that they can connect.
- o Green house for Anderson
 - Anderson is still interested in creating a greenhouse and is waiting on the township and maintenance to move forward with getting the materials.

• Bid for Anderson was approved

- Merged all programs under 1 contract-the CACFP, the SFSP and the afterschool meals program are all on one Bid under Kremmers now.
- Anderson is now a Community Eligible Provision (CEP) site- no longer requires household applications. All meals will be free and reimbursable.

• Concerns about student wellness committee

- Any new interest for other members to join-the committee is open to parents and anyone that the group feels will be beneficial to the group. We will be looking to get Anderson's new Physical Education teacher (Lisa) on board in the meetings.
- o Follow up on edible rewards-Bruce the new Program Administrator of EI in ELA will need to have the wellness policy sent to him.
- Kristen Barrett will follow up with Kremmers to get them to supply nutrition posters for the Anderson school. It will also be asked if a survey can be provided for the Anderson students to give their input on the food provided by Kremmers. Portion distortion posters would be helpful at Anderson.
- o It is suggested that we look into Pottstown Wellness Foundation for funding for some of our wellness initiatives. The funding covers staff as well as students' wellness.

Schedule of 19-20 meetings

- o December 11, 2019-8:30 AM
- o February 5, 2019 -2:15 PM
- o April 22, 2019-8:30 AM

Next Meeting

 December 11, 2019 8:30 AM
We will expand the meetings to offer conference calls and will now alternate between mornings and afternoons with each meeting

The meeting adjourned at: 2:53 PM