



Student Wellness Committee

April 4, 2018

2:30 P.M. to 3:30 P.M.

The Anderson School

MINUTES

Members Present:

Samantha Bader	Health and Nutrition Coordinator
Ashley Lee	Program Administrator, Pre-K Counts
Bridget McGuigan	School Nurse, Early Learning Academy
Cecilia Quenzer	School Nurse, Anderson School
Paula Rice	Program Administrator, Head Start
Lois Robinson	Director of Student Services
Daniel Deegan	Health and Physical Educator

Members Absent:

Joshua Steff	School Counselor, Office of Non-Public Services
Georgine Fronzcak	Program Administrator, Anderson School
Bill England	Board Representative, Cheltenham School District
Sandy Edling	Assistant Director of Business Services

The meeting was called to order by Committee Chair, Samantha Bader at 2:30 P.M.

Approval of Previous Meeting Minutes

It was moved by Daniel Deegan and seconded by Cecilia Quenzer that the Student Wellness Committee approve the minutes of the February 14, 2018 meeting. The motion passed unanimously.

Review of evaluation tool and results

Samantha Bader spoke about the evaluation tool and the aggregated data using Excel. The committee reviewed each evaluation question and the average results.

- Nutrition Standards
 - Questions 6, 7, 8, 9 were rated "0". Samantha Bader will update the Administrative Guidelines to include language addressing sweeteners, smart snacks standards, and will add the web address for specific items.
- Physical Education

- Question 3 had an average of “1”. Daniel Deegan noted that this language aligned with state standards for physical education.
- Questions 6 through 20 were rated “0”. Samantha Bader will add language to the Administrative Guidelines regarding certified physical education teachers as per Daniel Deegan’s suggestion. Samantha will add language to:
 - Address the amount of physical activity taking place
 - Encourage physical activity breaks
 - Encourage staff to model good healthy behaviors
- Wellness
 - Most questions averaged a rating of “1”.
 - No revisions are needed.

Recap

Samantha will revise the Administrative Guidelines and provide them to the Student Wellness Committee members for review.

Next Meeting Topics

- Approve revised Administrative Guidelines
- Schedule next year’s meetings

Next Meeting

- Wednesday, May 2, 2018