Student Wellness Committee  
April 4, 2018  
2:30 P.M. to 3:30 P.M.  
The Anderson School  
MINUTES

Members Present:

Samantha Bader  Health and Nutrition Coordinator  
Ashley Lee  Program Administrator, Pre-K Counts  
Bridget McGuigan  School Nurse, Early Learning Academy  
Cecilia Quenzer  School Nurse, Anderson School  
Paula Rice  Program Administrator, Head Start  
Lois Robinson  Director of Student Services  
Daniel Deegan  Health and Physical Educator

Members Absent:

Joshua Steff  School Counselor, Office of Non-Public Services  
Georgine Fronczak  Program Administrator, Anderson School  
Bill England  Board Representative, Cheltenham School District  
Sandy Edling  Assistant Director of Business Services

The meeting was called to order by Committee Chair, Samantha Bader at 2:30 P.M.

Approval of Previous Meeting Minutes
It was moved by Daniel Deegan and seconded by Cecilia Quenzer that the Student Wellness Committee approve the minutes of the February 14, 2018 meeting. The motion passed unanimously.

Review of evaluation tool and results
Samantha Bader spoke about the evaluation tool and the aggregated data using Excel. The committee reviewed each evaluation question and the average results.

- Nutrition Standards
  - Questions 6, 7, 8, 9 were rated “0”. Samantha Bader will update the Administrative Guidelines to include language addressing sweeteners, smart snacks standards, and will add the web address for specific items.
- Physical Education
Question 3 had an average of “1”. Daniel Deegan noted that this language aligned with state standards for physical education.

Questions 6 through 20 were rated “0”. Samantha Bader will add language to the Administrative Guidelines regarding certified physical education teachers as per Daniel Deegan’s suggestion. Samantha will add language to:
  - Address the amount of physical activity taking place
  - Encourage physical activity breaks
  - Encourage staff to model good healthy behaviors

- Wellness
  - Most questions averaged a rating of “1”.
  - No revisions are needed.

Recap

Samantha will revise the Administrative Guidelines and provide them to the Student Wellness Committee members for review.

Next Meeting Topics
- Approve revised Administrative Guidelines
- Schedule next year’s meetings

Next Meeting
- Wednesday, May 2, 2018